

## NSS activities for the year 2017-18

1<sup>st</sup> July 2017 to 30<sup>th</sup> June 2018

Principal :

NSS Programme Officer : Mrs. Rekha B

NSS Student Volunteer :

### NSS activities

#### Rashtriya Ekta Diwas/National Unity Day

**Activity Name** : - Rashtriya Ekta Diwas

The theme of celebration may be unification, strengthening, and bonding of the Nation. You are requested to issue necessary instructions in this regard. Sardar Patel's **birth** anniversary to celebrated as National Unity Day.

**Date** : - 31/10/2017

**No of Students Participated** : - 20 NSS Volunteers

**Teachers Participation:** Mrs Rekha, Ms Sonia.M V,

**Place** :- Assembly Hall

**Objective:-** To pay tribute to Sardar Vallabhbhai Patel who was instrumental in keeping India United

**Outcome :-** "Since 2014, October 31 is being **celebrated** as "**National Unity Day**".

This **day** gives the message to protect the **unity**, integrity and security of our country at any cost. Like every year, Run for **Unity** is being organised on October 31.

#### Swamy Vivekananda Brithday/ National Youth Day

**Activity Name** : - National Youth Day

The **theme** for International **Youth Day 2018** is Safe Spaces for **Youth**. **Youth** need safe spaces where they can come together, engage in activities related to their diverse needs and interests, participate in decision making processes and freely express themselves.

**National Youth Day** is celebrated on 12 January being the birthday of [Swami Vivekananda](#). In 1984 the Government of India declared this day as National Youth Day and since from 1985 the event is celebrated in India every year.

**Date** : - 14/01/2018

**No of Students Participated** : -

**Teachers Participation:**

**Place** :- Assembly Hall

**Objective:-** The main objective behind the celebration is to propagate the philosophy and the ideals of Swami Vivekananda for which he lived and worked.

**Outcome :-** National Youth Day creates awareness and provides knowledge about the rights of people in India. It is a day to educate people to behave properly in the country. .



### **Extension Activities**

#### **Dental Camp**

**Activity Name** : -Dental Camp

**Dental Camps** Comprising Oral Health Screening, Education on the same and Self-Identification of Oral Diseases, etc. are conducted. This Initiative Was The Biggest Oral Health Project Undertaken At The National Level. The camp was initiated with dental awareness talk , educating students about common dental ailments especially stressing on tooth decay and gum diseases and measures to prevent from them. The students were highlighted about the eating patterns and food choices which cause tooth decay. The surgeons also highlighted about the possible formation of harmful acid which develop when bacteria (Plague) get in contact with sugar in the mouth which ultimately results in tooth decay.

NSS unit of Teresian College, organized a dental camp at A.V. Room on 10<sup>th</sup> July 2017, with the help of the Hospital Fda. 50 NSS volunteers actively participated in it

**Objective:** Register and serve cases and refer them to specialized centers and to provide free and high quality medical service

Outcome: - the student's got ample opportunities to interact with the dental surgeon to enquire and gain knowledge concerning oral diseases .on completion of the dental checkup each student was given a patient card, a report summary of the diagnosed problem and the recommended dental treatment plan.



**Name of the Extension activity:** Blood Donation Camp

**Total No. of Donors:** 30

**Date:** 16.2.2018

**Name of the collaborating agency:** Blood Bank, K R Hospital, Mysuru.

Report: The second blood donation camp was held on 16.02.18 in which 30 students donated the blood

Sl. No	Name of the Donors	Blood Group	Sl. No	Name of the Donors	Blood Group
1	Monica A	O <sup>+</sup>	16	Pooja Manoj Guptha	A <sup>-</sup>
2	Meghana K N	A <sup>+</sup>	17	Namratha	O <sup>+</sup>
3	Anitha M	O <sup>+</sup>	18	Sunkaraneni Sanjana	O <sup>+</sup>
4	Deepika N	O <sup>+</sup>	19	Prasad N V	O <sup>+</sup>
5	St. Marina	O <sup>+</sup>	20	Shwetha R	B <sup>+</sup>
6	Sr. Tresa	A <sup>+</sup>	21	Rakshitha M r	B <sup>+</sup>
7	Sunil P	A <sup>-</sup>	22	Guna Sakshitha	O <sup>+</sup>
8	Sandeep J B	A <sup>+</sup>	23	Sakeena	AB <sup>+</sup>
9	Ambro Abdul	A <sup>+</sup>	24	Srishti	O <sup>+</sup>
10	Veolene Elizabth	O <sup>+</sup>	25	Gowda Santhosh Devraj	B <sup>+</sup>
11	Shibani	O <sup>+</sup>	26	Adarsh B N	AB <sup>+</sup>
12	Pooja R	O <sup>+</sup>	27	Nisarga	B <sup>+</sup>
13	Pooja P	O <sup>+</sup>	28	Hanifa Taj	O <sup>+</sup>
14	Arokiya Vincy S	A <sup>+</sup>	29	Naveen Kumar	O <sup>+</sup>
15	Bhuvaneshwari M	A <sup>+</sup>	30	Pavithra N	O <sup>+</sup>



## **Eye Check Up Camp**

**Activity Name** : Eye Check Up Camp

Medical Camp is very important specially in villages that to for old and needy people in the village. They lack money, caretakers, no much idea to meet which doctor for which disease They need help to know reason behind their sufferings, which doctor to consult and which hospital they have go for certain problems.

**Date** : - 08/03/2018

**No of Students Participated** : - 48 NSS Volunteers and people of Uttanhalli

**Place** :- Uttanhalli Mysuru

**Hospital**:Kanan Eye Hospital, Mysuru

**Objective:-** To Provide medical care facilities.

to preserve the health of healthy students and to help them attain the aims of life

**Outcome :-** Students came to know what are the problems faced by villagers, they also learnt about taking care of their own family and friends.





**Name of the Extension activity:** Identification of Blood group

**Total No. of Students involved:** 10

**Date:** 17.03.2018

**Place:** Indira Colony, Udayagiri, Mysuru.

**Outcome:** By knowing the blood group of a person is useful during medical emergency. So this was carried out in at Indira colony a slum area in Mysuru.

Sl. No.	Name of the Students
1	Raechel M
2	Puneetha
3	Kavya
4	Infia
5	Infancia
6	Priyadarshini
7	Anjana
8	Sahana P Gowda
9	Monica
10	Saroja

### Report: Blood Group Identification

The college through YRC organized a blood group Identification campaign on 17.03.2018 at Indira Colony with 10 YRC Volunteers accompanied by the programme officer emphasizing the need to be aware of one's blood group which serves as an identity of every individual the campaign was organized for the residents of Indira colony who were made to understand the importance of knowing their blood group which would help them in times of emergency

