

NSS activities for the year 2019-20

1st July 2019 to 30th June 2020

Principal : Dr.Veena M.D'Almeida

NSS Programme Officer : Mrs. Rekha B

NSS Student Volunteer :

NSS Activities

Rashtriya Ekta Diwas/National Unity Day

Activity Name : - Rashtriya Ekta Diwas

National Unity Day or Rashtriya Ekta Diwas is celebrated on 31st October every year since 2014 to commemorate the birth anniversary of Sardar Vallabhbhai Patel.

Date : - 31/10/2019

No of Students Participated : - all NSS Volunteers

Teachers Participation: Sr Gladys, Dr Sr Sajitha, Dr Veena MD Almedia, Dr Sr, Rahini, Sr Anjali, Sr Maira Alice, Dr Jeyanthi, Mrs Kaveriamma, Mrs Rukminiamma, Dr Vasantha, Mr Merwin Pinto, Mr Puneeth

Place :- Assembly Hall

Objective:- To provide an opportunity to re-affirm the inherent strength and resilience of our nation to withstand the actual and potential threats to the unity, integrity and security of our country.

Outcome :- By Taking a pledge “I solemnly pledge that I dedicate myself to preserve the unity, integrity and security of the nation and also strive hard to spread this message among my fellow countrymen. I take this pledge in the spirit of unification of my country which was made possible by the vision and actions of Sardar Vallabhbhai Patel. I also solemnly resolve to make my own contribution to ensure internal security of my country.”



Swamy Vivekananda Brithday/ National Youth Day

Activity Name : - National Youth Day

National Youth Day is celebrated on 12 January being the birthday of Swami Vivekananda. In 1984 the Government of India declared this day as National Youth Day and since from 1985 the event is celebrated in India every year.

Date : - 13/01/2020

No of Students Participated : - All NSS Volunteers including Student President, Secretary

Teachers Participation: All Teaching and Non Teaching Staff

Place :- Assembly Hall

Objective:- The main objective behind the celebration is to propagate the philosophy and the ideals of Swami Vivekananda for which he lived and worked.

Outcome :- National Youth Day creates awareness and provides knowledge about the rights of people in India. It is a day to educate people to behave properly in the country. .



Extension Activities

Swach Bharat Sarwekshan

20 NSS volunteers participated in the Swach Bharat Sarwekshan which was held on 29th Jan 2019 at oval Ground, Myusuru



Blood Donation and screening Camp

Activity Name : Awareness on Blood Donation, Blood Donation and screening Camp
Donating Blood is a vital way to help, save lives. There are number of reasons whyn donating blood is important. A singly donation can save three lives. On blood donation provides different blood components that can help three different people

Date : - 07/02/2020

No of Students Participated : - 35 donated blood and Blood screening by 300 Students
Including PG, UG and NSS Volunteers

Teachers participated: Mr. Merwin Pinto, Mr Mohan, MR Bheemesh,

Place :- AV Room

Hospital: Jeevan Dhara Blood Bank

Objective:- To raise awareness that individuals can save lives and improve the health of others by donating blood

To encourage people to donate blood voluntarily without compensation.

To support the operation of safe and reliable blood services.

Outcome :- Students came to know consequences of donating blood, who can donate blood, health benefits, rarest blood group, donating blood make you tired or not, does giving blood lower your immune system, do and don'ts after blood donation etc.,

